

COMMUNITY~SUPPORT GROUPS

www.aboutourkids.org

Questions & answers about children's mental health

AIDS Project (814) 234-7087

Adult Children of Alcoholics and Other Dysfunctional Families (814) 237-5855

Alanon and Alateen
(814) 237-5855

Alcoholic Anonymous
(814) 237-3757

Alliance for Families of Mentally Ill (NAMI)
(814) 238-1983, (800) 950-6264

Alzheimer's Association
(814) 237-2550

Alzheimer's Support Group at Centre Crest (814) 234-3141, (814) 238-3193, (814) 238-3139, (814) 355-6777

American Cancer Society
(888) 227- 5445

American Diabetes Association (800) 342-2383

American Heart Association
(814) 238-1301

American Red Cross
(814) 237-3162

Any and ALL disabilities
(814) 238-1444

Appise Health Insurance Consultation (Program for Older Persons) (814) 231-7034

Association for Retarded Citizens of Centre County (ARC) (814) 238-1444

Autism Support Group
(814) 238-1444

Bellefonte, Centre, Huntingdon Tapistry of Health (814) 355-2762, (814) 342-6992, (814) 355-5472, or (814) 643-5364

Better Breathers
(814) 359-3421

Brain Injury Support Group
(814) 359-3421

Breast Cancer Awareness Group (814) 234-6787

Breathing Disordered Sleep Support Group (AWAKE)
(814) 234-6157

Centre County Drug and Alcohol Program/Mental Health Mental Retardation
(814) 355-6744

Centre County Woman's Resource Center Hotline Toll Free (877) 234-5050, Resource Info. (814) 234-5222, or Business (814) 238-7066

Centre House Emergency Shelter 217 E. Nittany Ave., State College, (814) 237-5508, (814) 237-4863

Central Pennsylvania Crohn's Disease and

Ulcerative Support Group
(814) 238-2544

Childbirth Education Association of State College
(814) 237-4232

Child Care Information Services, Child Care Options
(814) 231-1352

Child Development and Family Council of Centre County (814) 238-5480
Children and Youth Services of Centre County
(814) 355-6755

Children of Aging Parents (CAPS) (814) 234-3141

Co-dependents Anonymous Website

Community Action Inc.
(814) 355-7501

Community Help Centre
(814) 237-5855

Crohn's and Colitis Foundation of America (800) 627-6467

Diabetes Support Group of State College (814) 238-7304

Domestic Violence Support Group (877) 234-5050

Down Syndrome Support Group (814) 238-1444

Easter Seals Disability Services (814) 238-4434

Early Childhood Consultation Services (814) 238-5480

Emmanuel (for women affected by another's compulsive sexual behavior)
(814) 466-6841

Family Health Services (Tapistry of Health) (814) 355-2762, (814) 342-6992, or (814) 643-5364, (814) 355-5472

Family Stroke Support Group (814) 359-3421

Fibromyalgia Support Group of State College (814) 237-1070, (814) 237-0758

Food Bank of State College Area (814) 234-2310

Fresh Start for Smokers
(888) 227-5445 or (800) 227-2345

Growing Through Loss Bereavement Support Group
(814) 231-7090, (814) 231-7000

Head Trauma/Injury Support Group (800) 842-6026, (814) 359-3421

HIV+/ People Living with AIDS Support Group (800) 445-6262, (814) 944-2982

Home Nursing Agency AIDS Intervention Project (800) 445-6262, (814) 944-2982
House of Care (814) 237-5517
Infant Evaluation Program (814) 231-0138
La Leche League (814) 234-1115, (814) 404-9501, (814) 466-6337 (Breastfeeding information and support for others, children are welcome.)
Lantern of Hope (support for women issues) (814) 857-5101
Learning Disability Association of Centre County (814) 466-7235
Lion Support is concerned with helping students with family emergencies and other problems. Students operate a 24-hour family emergency line at (814) 863-2020 for students and their families. For more information on Lion Support, go to www.sa.psu.edu/ATT/lsupport.html
Lupus Foundation of America (800) 800-5776
MADD (814) 355-9466, (814) 355-1701
Marfan Syndrome Support Group (814) 238-5325
Meals on Wheels of State College (814) 237-8135

Multiple Sclerosis Support Group (814) 234-7001
Multiple Sclerosis Support Group at HealthSouth Martin Street Clinic (814) 359-3421
MUST, a mental health support group (814) 231-4575
Narcotics Anonymous (800) 445-3889, (800) 494-3414, (814) 237-5855, (570) 327-2678
National Psoriasis Foundation Support Group (503) 244-7404
Ostomy Support Group of Centre County (814) 234-6195 or **American Cancer Society** (888) 227-5445
Overeaters' Anonymous (814) 237-5855
Parents of Substance Abusing and other Troubled Children (814) 238-0132, (814) 238-8384
Parent Support Group of the Learning Disabilities Association (814) 466-7235
Parents of Multiples Glenda (570) 435-2126
Parents Support Group on Disordered Eating-On summer hiatus, call (814) 231-5050 for questions or more information contact smb11@scasd.org

Parkinson's Support Group (814) 238-3322
Pennsylvania Department of Health (814) 865-0932
PFLAG (Parents and Friends of Lesbians and Gays) (814) 237-9439
Pregnancy Loss Support Group, (814) 692-4327
Pregnancy Support Group (814) 234-7341
Prostrate Cancer Support Group (814) 234-6787
Separated/Divorced/Widowed Helpline (814) 234-0549
Sex and Love Addicts Anonymous (814) 237-5855
Sight-loss Support Group Central Pennsylvania (814) 238-0132
Single Parents' Support group (814) 234-7341
Spinal Cord Injury Support Group (814) 359-3421
State College Area School District Family Outreach (814) 231-1070
Stroke Support Group (814) 359-3421
Support Group for People Living with HIV/AIDS (814) 237-7087 (Confidential)
The Second Mile (814) 237-1719
Take Off Pounds Sensibly (814) 234-7925

Teen Sexual Assault Support Group (814) 234-5222
Weight Watchers Center (800) 487-4777
Widowed Persons Contact Evelyn (814) 364-1130
Women's Concern Pregnancy Resource Clinic (814) 234-7340
Women, Infants and Child Program (W.I.C) (814) 234-8621, (814) 342-6993
Women's Survival of Incest and Sexual Assault Anonymous (814) 237-5855