

The Pennsylvania School Study Council, Inc.
The Pennsylvania State University
200 Rackley Building
University Park, PA 16802

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The Pennsylvania
School Study Council
and
Penn State Intercollegiate
Athletics

*2008 Academics and Athletics
Workshop:
Issues Facing Administrators,
Counselors, Athletic Directors & Coaches*



Hear updates on NCAA compliance guidelines, financial aid and admissions.

Learn about the recruitment process.

Participate in a panel discussion with high school representatives.

Network with Penn State coaches and others from around the state!

**Thursday, September 25, 2008
8:30 a.m. - 4:00 p.m.
Founders Lounge, Bryce Jordan Center
University Park, PA**



**Academics and Athletics: Issues Facing Administrators,
Counselors, Athletic Directors & Coaches**
Founders Lounge, Bryce Jordan Center
University Park, PA

8:30 am - 9:00 am **Registration and continental breakfast**

9:00 am - 9:15 am **Welcome, Tim Curley, Athletic Director**

9:15 am - 10:15 am **Initial Eligibility, Amateurism, & Legislative Updates**
Presenter: Mark Sherburne, Associate Athletic Director for Administration
and Bruce Ellis, Assistant Director for Student-Athlete Services

This presentation will discuss the certification of a high school prospect's initial eligibility and amateurism, including variations among Divisions. Valuable information will be shared regarding the NCAA EligibilityCenter and any new NCAA legislation that relates to: core curriculum requirements, amateurism certification, high school reviews, official visits, signing an NLI and offer of athletic aid, early initial eligibility certifications, and the core curriculum time limit.

10:15 am - 11:15 am **The High School Recruitment Process & Preparing Prospects for Campus Visits**

Presenters: John Bove, Director of Compliance and Russell Mushinsky, Director, Morgan Academic Support Center

This presentation will focus on general recruiting guidelines for high school prospects and provide a brief overview of student-athlete unofficial and official visits, detailed information and insight on the critical areas that student athletes and their families must evaluate as they visit today's college campuses.

11:15 am - 12:00pm **Updates on Financial Aid and Admissions**

Presenters: Todd Moss, Assistant Director, Office of Student Aid and Moradeyo Olorunnisola, Admissions Counselor, Office of Admissions

Those entering college for the first time are often overwhelmed by the financial aid and admissions process. This discussion will give a general overview of the processes along with any important recent updates to ensure students are aware of the appropriate steps they must take for admissions and to get all funding they may be eligible to receive.

12:00 pm - 1:30 pm **Lunch (provided) with Penn State coaches**

1:30 pm - 2:30 pm **Dietary Supplementst: Things You Need to Know and General Nutrition Tips for High School Athletes**

Presenter: Dr. Kristine Clark, Assistant Professor, College of Health & Human Development, Sports Nutritionist

Common dietary supplements used by high school athletes will be reviewed, including energy enhancers, fat burners and those for muscle growth. As part of this presentation nutritional strategies to enhance performance that are "food - focused" will be described. Weight loss and weight gain principles focusing on the loss of fat and the gain of muscle as well as performance recovery strategies will be included.

2:30 pm - 3:30 pm **Panel discussion - Getting Recruitment Exposure for High School Athletes**

Presenters: High School Athletic Directors, Counselors and Coaches

High school representatives will share their experiences in the challenging process of getting recruitment exposure for their athletes. Time will be allowed for group discussion.

**2008 Academics & Athletics Workshop
Registration Form**

Name _____

School District/Organization _____

Position _____

Street _____

City _____ State _____ Zip _____

Telephone: (_____) _____ - _____

E-mail: _____ @ _____

PSSC Member Discount: PSSC members receive a discounted rate of \$130.00 plus added discounts on fees for additional member registrations!!!
(Check with your school administrators to find out if your district is a member.)

Additional Registrations: A discount is available to PSSC members for any additional registrations when submitted as a group. To receive the discount, attach a registration form for each additional individual attending.

REGISTRATION SUMMARY: (fees include parking, continental breakfast and lunch)

_____ **Individual PSSC Member registration @ \$130** \$ _____

_____ **Additional Member registration(s) @ \$100 each** \$ _____

_____ **Individual Non-Member registration @ \$150** \$ _____

AMOUNT DUE: \$ _____

Please enter the amount due and enclose a check **or** school district purchase order payable to **PSSC**.

PO # _____

LODGING:

Reduced rate lodging available at the Holiday Inn Express in State College (877-863-4780) if reservations are made by Friday, September 5, 2008. Please mention you are with the Pennsylvania School Study Council group.

Please complete and return by **Friday, September 12, 2008** to:
PSSC

**200 Rackley Building
University Park, PA 16802
FAX : (814) 865-0070**