



Kevin J. Hulburt

Profile

I have a deep passion for education and how mindfulness can support people within educational systems. I have nearly twenty years of teaching experience and the center of my work has and always will be the growth and experience of my students as they seek to flourish.

Relevant Work Experience

Assistant Teaching Professor | August 2019 – Present

Department of English, College of Liberal Arts, Pennsylvania State University

- Teach courses in the College of Liberal Arts including The Pursuit of Happiness in American Life (English 161N and Honors English 161N), Business Communications (English 202d), Tutoring Writing (English 250 and English 602.5), and Rhetoric and Composition (English 15)
- Teach courses for the College of Education including Teaching Writing in the Elementary School (LLED 401)
- Integrate contemplative pedagogy into my courses and campus activities to support students to flourish in their studies and lives

Financial Analyst - Investor Relations | 2016 - 2018

Eclipse Resources, State College, PA

- Designed quarterly investor relations presentations, SEC public filings, and board of directors presentations based on quarterly and annual operations and financials
- Analyzed competitor marketing and public reporting strategies for elements to enhance those of the company
- Collaborated with financial, reservoir, and operational teams to prepare multiple monthly forecasting models of production and revenue and design briefings on potential business development projects for internal and external audiences
- Conducted economic evaluation (IRR, PV, ROI) on various projects and designed evaluative presentations

Vice President of Marketing | 2014 - 2018

Hulburt Hotels, State College, PA

- Collaborated with investors to purchase and renovate a Comfort Inn hotel and build a Sleep Inn & Suites hotel in central Ohio
- Directed marketing campaigns, designing promotional materials that aligned with brand standards and tracking engagement and SEO
- Led company sales team, creating monthly sales and marketing objectives
- Managed rates strategies across hotel sales platforms including Expedia, Choice.com, and others
- Created and maintained budget models to optimize expenses, project revenue, and reviewed monthly actuals

Contact:

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Education:

Ph.D. in Curriculum & Instruction

Pennsylvania State University

M.Ed. Curriculum and Instruction

Pennsylvania State University

B.A. English Literature and Rhetoric

Pennsylvania State University

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Relevant Work Experience (cont.)

Language Arts Teacher (9th through 12th grade) | August 2005 – 2014

State College Area High School, State College, PA

- Developed and taught Language Arts curriculum at the advanced, college prep, and regular level
- Served as a mentor in the Pennsylvania State University Professional Development School for seven years
- Served as a certified member of the Student Assistance Program to identify and assist students with a variety of needs impacting their educational experience
- Planned and implemented a school-wide community spirit “Lipdub” video featured in the Huffington Post’s list of the “Top 8 Amazing High School Lipdubs” for 2012

Volunteer Experience

Facilitator and Faculty Advisor | 2021-Present

Mindfulness and the Science of Happiness (MASH) Student Organization, Pennsylvania State University, University Park, PA

- Attained funding from the College of Liberal Arts to create and lead a student organization that meets weekly and includes lectures, mindfulness and other contemplative practices, and discussions of current scientific research related to well-being
- Guide contemplative practices and inquiry-based discussions
- Arrange and collaborate with guest speakers and teachers to create experiential learning opportunities for Penn state students
- Present research findings related to contemplative practice and the science of happiness to facilitate student discussions related to these topics and how they may apply to the student’s own lives

Group Leader | September 2006-Present

Insight Meditation Society Teen Retreat, Insight Meditation Society, Barre, MA

- Develop and implement mindfulness-based curriculum for week-long retreat with young people, ages 14-20
- Collaborate with therapists and other meditation teachers to assist with individual participant’s practice
- Assist the Insight Meditation Society Diversity Committee to increase access and bring greater diversity to the retreat through annual training and the development of partnerships with local high-poverty school districts

Founder and Faculty Advisor | 2024-Present

PSU MS Society Student Organization

- Established a partnership with the Multiple Sclerosis (MS) society non-profit to create a student organization dedicated to supporting the mission of the MS Society and create philanthropic opportunities for Penn State Students
- Networking with relate student organizations to advertise the new organization and promote awareness

Mindfulness and Stress Reduction Facilitator | December 2018

Pennsylvania State University, University Park, PA

- Created and conducted an introduction to mindfulness-based stress reduction program for the Office of Sponsored Programs
- Consulting in the development of a stress-reduction plan for staff in a highly stressful work environment

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Presentations and Publications

- Hulburt, K. & Hoffman, K. (In Review). *The Whys of Poetry: the Affordances of Poetry in the 6-12 grade Language Arts Classroom*.
- Hulburt, K. (2023). "Happiness and Compassion in Student and Staff Flourishing". Penn State Learning Annual Retreat Conference. State College, PA.
- Hulburt, K. (Writer), & Shapera, P. (Musical Composer and Director). (2022). *Kevin and Abi 2: The Secret of the Stolen Sun*. Belgrade: Mocha Lab. (2022).
- Hulburt, K. (2022). "The Role of Mindfulness in Education." Invited Guest Lecture delivered to the College of Liberal Arts Paterno Scholar students at Pennsylvania State University.
- Hulburt, K. (2021). *How Mindfulness Is Taught To K-12 Teachers Within A Community Of Practice: A Descriptive Case Study Of The Teaching Of An Experienced Mindfulness Instructor From A Sociocultural Perspective*. [Doctoral Dissertation, Pennsylvania State University]. ProQuest Dissertations Publishing.
- Hulburt, K., Roeser, R., Colaianne, B. (2020). "The Calm, Clear, and Kind Educator: A Contemplative Educational Approach to Teacher Professional Identity Development." In *Explorations of self: Expanding teaching, teacher education and practitioner research from and toward within*.
- Hulburt, K. (2019). "Mindfulness and Emotional Co-Regulation in Education." Lecture delivered to Curriculum & Instruction graduate and undergraduate students at Pennsylvania State University.
- Hulburt, K. (2013). "Narrative Discussions and Critical Incidents in PDS Partnerships." Presentation at the National Professional Development School Conference. New Orleans, LA.
- Hulburt, K. & Knotts, M. (2012). "Making the Turn: Fostering an Inquiry Stance in Education." *English Teaching: Practice and Critique*. 11.2. 94-112.